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## Monica M. Ryden

Of Counsel  
Phoenix  
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### Practices

General Employment  
Litigation  
Restrictive Covenants,  
Trade Secrets and Unfair  
Competition

### Industries

Hospitality  
Retail

### Education

Arizona State University  
J.D., 2005  
*cum laude*

Arizona State University  
B.A., 1999  
*summa cum laude*

### Admitted to Practice

- Arizona - D. Ariz., 2006
- Arizona, 2005

Monica Ryden is of counsel in the Phoenix, Arizona, office of Jackson Lewis P.C. She has more than 12 years of experience in all phases of employment and commercial litigation in state and federal court, including the defense of discrimination, wage and hour and wrongful termination claims, the enforcement of non-competition and trade secret agreements, and business tort litigation.

Monica has represented employers in mediations, arbitrations and before administrative agencies such as the Arizona Attorney General's Office, Civil Rights Division. She advises and trains managers and supervisors on preventive litigation practices, focusing on how to comply with applicable laws and regulations, avoid workplace disputes, and resolve employee relations problems, including workplace violence. While attending law school, Monica was an extern with the EEOC Phoenix District Office.

### Honors and Recognitions

- *The Best Lawyers in America*®, "Employment Law - Management" (2020-present)
- *Super Lawyers*®, "Rising Stars" (2012-2018)

### Professional Associations and Activities

- Arizona Hispanic Chamber of Commerce
- Arizona Women Lawyers Association
- DRI, Employment and Labor Law Committee
- Hispanic National Bar Association
- Los Abogados Hispanic Bar Association
- National Association of Women Lawyers
- Society for Human Resource Management
- State Bar of Arizona, Employment and Labor Law Section

### Pro Bono and Community Involvement

- Arizona Women Lawyers Association, Board Member
- Barrett, The Honors College, Former Alumni Board Member
- Esperanca, Board Member
- Hispanic National Bar Association, Mentoring Program, Volunteer
- Los Abogados Hispanic Bar Association, Former Board Member
- State Bar of Arizona, Legal Writing Program, Volunteer

