

## CDC Offers Guidance for Truckers, Delivery Personnel Traveling To/From Greater New York City Area

By Katharine C. Weber

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The Centers for Disease Control and Prevention (CDC) has issued [guidance for truck drivers and delivery personnel](#) who make deliveries from outside or live in the Greater New York City area.

The CDC clarified that its previous self-quarantining guidance for residents of the Greater New York City area does not apply to critical transportation and delivery workers (essentially, all truck drivers and delivery personnel entering or exiting the Greater New York City area).

Truck drivers and delivery personnel entering the area are advised to:

1. Remain in their vehicles as much as possible as supplies are loaded and unloaded;
2. Practice appropriate distancing when outside their trucks or vehicles (maintaining six feet away from others); and
3. Use electronic receipts or other means to minimize contact with people to the extent possible.

If a driver needs to spend the night in the Greater New York City area, they are encouraged to sleep in their trucks if they have sleeper cabs or stay in their hotel room if they do not have a sleeper cab. If a truck driver or delivery personnel takes these precautions, the CDC states that they are not required to self-quarantine when they leave the Greater New York City area, unless self-quarantine is recommended by state or local officials for all residents in the areas where they live.

Under the CDC's guidance, truck drivers and delivery personnel who live in the Greater New York City area may continue to work both within and outside of the area. When working, they are to follow the above three-point guidance. When not working, they are to comply with all federal, state, and local orders relative to COVID-19.

The CDC also reemphasized its guidance concerning washing hands regularly, staying home when sick, covering coughs and sneezes, and maintaining distance from others.

Jackson Lewis is committed to providing updates and clarifications to help employers make the best business decisions. Please contact a Jackson Lewis attorney if you have questions or need guidance handling issues pertaining to COVID-19 or this CDC guidance.

For more information and updates on handling employment law issues arising out of the COVID-19 pandemic, visit our [COVID-19 resource page](#).

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