



April Upchurch Fredrickson

Principal
Portland
P 503-345-4153
F 503-229-0405
April.Fredrickson@jacksonlewis.com

Practices

General Employment
Litigation
Labor Relations
Wage and Hour

Industries

Life Sciences

Admitted to Practice

- Oregon - D. Or., 2013
- Washington - E.D.
Wash., 2005
- Washington - W.D.
Wash., 2010
- Oregon, 2013
- Washington, 2001

April Upchurch Fredrickson is a principal in the Portland, Oregon, office of Jackson Lewis P.C. April advises employers on a variety of issues including employee discipline and termination, employment discrimination, state and federal leave laws, disability accommodation, wage and hour compliance, employment policies and practices, and non-compete agreements.

In dealing with her clients, April emphasizes the importance of preventive counseling to minimize the risk of costly litigation. In addition to counseling clients, April litigates single plaintiff and class action cases in state and federal court, and appears before administrative agencies such as the Equal Employment Opportunity Commission, the National Labor Relations Board, and the Department of Labor and Industries.

While in law school, she served as a legal extern for the Honorable Claudia Wilken, U.S. District Court, Northern District of California. She also served as a law clerk for the Public Interest Law Firm, the City of Berkley, and for a labor law firm. During these clerkships, April worked on a variety of constitutional and employment and labor law matters.

Honors and Recognitions

- *The Best Lawyers in America*®, "Employment Law - Management", "Litigation - Labor and Employment" and "Labor Law - Management" (2018-present)
- *Super Lawyers*®, "Rising Stars" (2009-2011)