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## Sarah J. Millsap

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### Practices

Corporate Governance and  
Internal Investigations  
Litigation  
Restrictive Covenants,  
Trade Secrets and Unfair  
Competition

### Education

University of Iowa College  
of Law  
J.D., 2005

University of Iowa  
B.A., 2002

### Admitted to Practice

- 8th Circuit Court of Appeals, 2016
- 10th Circuit Court of Appeals, 2018
- Iowa - N.D. Iowa, 2014
- Iowa - S.D. Iowa, 2014
- Nebraska - D. Neb., 2013
- Iowa, 2005
- Nebraska, 2008

Sarah J. Millsap is a principal in the Omaha, Nebraska, office of Jackson Lewis P.C. Her practice is focused on employment litigation, labor relations and preventive counseling.

Sarah has successfully defended employers against claims of discrimination, harassment, retaliation, wage and hour violations and FMLA violations. She also provides employers with preventive counseling on issues such as employee discipline, performance management, human resource policies, leave management and disability matters. She frequently conducts internal investigations and provides training on a variety of workplace law topics.

In addition to her employment litigation and preventive counseling experience, Sarah has broad experience in representing employers in labor matters, including advocating on behalf of management in grievance arbitrations and representing employers in unfair labor practice charges before the National Labor Relations Board.

### NOTICE TO THE PUBLIC

The determination of the need for legal services and the choice of a lawyer are extremely important decisions and should not be based solely upon advertisements or self-proclaimed expertise. This disclosure is required by rule of the Supreme Court of Iowa. Memberships and offices in legal fraternities and legal societies, technical and professional licenses, and memberships in scientific, technical and professional associations and societies of law or field of practice does not mean that a lawyer is a specialist or expert in a field of law, nor does it mean that such lawyer is necessarily any more expert or competent than any other lawyer. All potential clients are urged to make their own independent investigation and evaluation of any lawyer being considered. This notice is required by rule of the Supreme Court of Iowa.

### Honors and Recognitions

- *Nebraska Super Lawyers*®, "Rising Stars" (2014-2020)

### Professional Associations and Activities

- Iowa State Bar Association
- Nebraska State Bar Association