

Bryn's headshot

Principal, New York City

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Practices

- Technology
- Healthcare
- Retail
- Financial Services
- Private Equity
- Hotels
- Leisure
- Entertainment and Media
- Restaurants
- Class Actions and Complex Litigation
- Employment Litigation
- Restrictive Covenants, Trade Secrets and Unfair Competition
- Wage and Hour
- International Employment
- Workplace Training
- Corporate Governance and Investigations
- Disability, Leave and Health Management

Education

- Pace University School of Law, J.D. 2011
- Cornell University, B.A. 2005

Admitted to Practice

- New York - N.D. N.Y. 2022
- New York - W.D. N.Y. 2016
- New York - S.D. N.Y. 2012
- New York - E.D. N.Y. 2012
- New York 2012

Bryn Goodman is a Principal in the New York City, New York office of Jackson Lewis P.C. Bryn works collaboratively with employers to develop creative solutions tailored to their organizational strategy. While Bryn relishes the opportunity to successfully guide employers through the litigation process, she strives to prevent litigation altogether meeting clients where their legal and business goals converge.

Bryn represents employers in litigation and administrative proceedings involving wage-and-hour disputes, discrimination, harassment and retaliation claims. She is also well-versed in litigating claims involving public accommodation accessibility under Title III of the Americans with Disabilities Act and New York's human rights laws. Bryn's litigation practice has afforded her the opportunity to gain an intimate understanding of the most pressing regulatory issues across several industries, including financial services, healthcare, retail, hospitality, insurance, construction, architecture, startups and technology companies.

To advance the goal of proactive prevention, Bryn advises employers on compliance with evolving local, state and federal employment laws, providing strategic guidance on hiring, terminations, and wages. She works closely with clients to draft and revise workplace handbooks, as well as employment, separation, confidentiality and restrictive covenant agreements. She also frequently conducts trainings on discrimination and harassment prevention, wage-and-hour basics, hiring and management coaching.

Committed to not only advancing the cause of her clients, Bryn dedicates her free time to advancing the future of the legal profession. She coaches future lawyers participating on the Willem C. Vis International Commercial Arbitration Moot Team at her alma mater, Pace University School of Law. Bryn has served on both the Labor & Employment Law and Litigation Committees at the Association of the Bar of the City of New York. She is also a member of HR.com's advisory board and participates in the women's networking and mentoring group Women in America. Her dedication to service began in law school at Pace University School of Law, where Bryn was managing editor of the Pace Law Review and served as a student attorney at Pace's Investor Rights Clinic. She was also a research assistant for the New York State Bar Association's Task Force on the Future of the Legal Profession and a Dean's Scholar.

Before entering law school, Bryn lived in Cannes, France where she taught English as an Assistant d'Anglais and studied law at the Collège International de Cannes, earning Le Certificat de Francais Juridique (avec mention). Bryn also spent several years working as a paralegal at a large international law firm before and during law school.

Bryn is a member of the New York Road Runners and finished the New York City Marathon in 2015 and 2023. She has also competed in four Half Ironman Distance Triathlons.

Honors and Recognitions

- *The Best Lawyers in America*®, "Ones to Watch: Labor & Employment Law - Management" (2023-2025)
- *New York Super Lawyers*®, Employment & Labor Law (2023, 2024)
- *New York Super Lawyers*®, "Rising Stars" (2019-2022)

Pro Bono and Community Involvement

- 15 Percent Pledge, Inc, Pro Bono Attorney
- New Jersey Symphony Orchestra, Former Pro Bono Attorney