

JacksonLewis Sheila Krische

Associate, Long Island

P 631-247-0404

F 631-247-0417

Sheila.Krische@jacksonlewis.com

Practices

- Healthcare
- Class Actions and Complex Litigation
- Technology
- Transportation and Logistics
- Wage and Hour
- Hotels
- Leisure

Sheila M. Krische is an associate in the Long Island, New York, office of Jackson Lewis P.C. Her practice focuses on representing employers in workplace law matters, including litigation of employment disputes.

Sheila began her career with Jackson Lewis as a Summer Law Clerk, joining the office full time upon completing law school. During law school, Sheila was the Alumni Affairs Editor for the *Hofstra Law Review* and completed an externship with Magistrate Judge Wicks' of the U.S. District Court for the Eastern District of New York.

Education

- Hofstra University Maurice A. Deane School of Law, J.D. 2024
- Binghamton University, B.A. 2020

Honors and Recognitions

- *Hofstra Law Review*, "Alumni Affairs Editor" (2023-2024)

Admitted to Practice

- New York 2025

Published Works

- "Auditing the Auditors: Overregulation Under the Sarbanes Oxley Act." *Hofstra Law Review* (September 2023) [Author]